## **Pet Loss Support Group**

## 3rd Saturday of each month in 2020 10:30 am to Noon

- Express emotions related to grief
- Share memories and pictures of your pet
- Gain tools and techniques for dealing with pet loss
- Connect with fellow grievers and create a support network



Location: Woodfin Wellness Group, 3 Woodfin Avenue (2nd floor)

Asheville, NC 28805

(Fragrance-free building, please abstain from perfumes or essential oils.)

Hosted by: Kathy Link, LCSW, LCAS

Counselor • Care Manager • End-of-Life Doula • Animal Lover connect@kathylink.com • 828.242.4645 • www.kathylink.com

This group is free and open to the public. Walk-ins welcome.